



CORNWALL

Cornwall is famous for its stunning coastline, including numerous beaches and world-class surfing, its unique culinary scene featuring the Cornish pasty, and its rich history, including connections to folklore like King Arthur.

Why Go	Beautiful beaches and scenery, gastronomy, cinematic connections, rich local history.
Target Audience	Nature lovers, water-sports enthusiasts, foodies.
Where To Go	St Ives, Tintagel, Port Isaac, Bude, The Isles of Scilly, Padstow, Fowey, Mevagissey, Mousehole.
What To See and Do	Tintagel Castle, St Michael's Mount, Bedruthen Steps, Lost Gardens of Heligan, Minack Theatre, The Eden Project, Lanhydrock House, Porthcurno beach, The Lizard Peninsula, Lands End, Bodmin Moor, try fresh seafood and Cornish pasties.
When To Go	Spring and Summer.
Best Foodie Spots	Coombeshead Farm, Gurnards Head, Outlaw's, North St Kitchen.
How To Get There	Direct train from London Paddington to Bodmin Parkway takes 4hrs 30 minutes. Drive from London to North Cornwall (Newquay) takes 5hrs. Drive from London to South Cornwall (Penzance) takes 6 hrs.

